Research Article

Therapy of Walker Carcinosarcoma with Pectin and Cyclophosphane

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Abstract

Scientific interest in low-molecular-weight pectins is not accidental. Despite the experimental material widely presented in the literature on the pharmacological effects of pectins, the clinical application of the developments has not yet been fully implemented. On the one hand, antitumor potential is registered in polymers with a mass of hundreds of kilodaltons, on the other hand, practically nothing is known about such in pectin derivatives weighing less than 20 kDa. In addition, the issues of assessing the nature of the pharmacological interaction of nanoscale pectin and conventional cytostatics are not covered. The aim of this work is an experimental study of the antitumor potential of low-molecular, low-esterified pectin in combination with a cytostatic agent on a model of Walker's carcinosarcoma. Pectin therapy of Walker's transplanted tumor in several series of experiments consistently caused inhibition of its growth from 60% to 80%. The combined use of pectin and cyclophosphane caused inhibition of tumor growth up to 72.4%. The increase in life expectancy in the "pectin + cyclophosphane" group versus the "cyclophosphane" group was 200%. It can be concluded that nanoscale pectin is a promising drug for in-depth study since it meets the criteria of primary screening (increase in animal life expectancy, inhibition of tumor growth, survival without tumor growth).

Introduction

Pectins, as representatives of polysaccharides, have a wide range of useful pharmacological properties associated with the complex organization of these heteropolysaccharides [1-6]. One of the pharmacological properties of pectins is their high antitumor activity against colon cancer, breast cancer, small cell myeloma, and hemangiosarcoma [7-9]. The detected effectiveness is due to the presence in the pectin molecule of a large amount of β -galactose, which has binding activity against the galectin-3 protein [10,11], which is responsible for the growth and metastasis of tumors. Pectins not only exhibit independent antitumor effects but are also capable of increasing the activity of a number of known anticancer drugs [12]. Thus, a group of oncologists from several Medical Universities in Poland are discussing the prospects of using pectins to increase the selectivity of the action of the well-known antitumor drug irinotecan, widely used in the treatment of colon cancer. It has been shown that the composition and enzymatic activity of the colon microbiota can significantly influence the effectiveness of chemotherapy with this drug. In the intestine, under the action of the bacterial β -glucuronidase enzyme, the medicinal

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metabolite of irinotecan, its glucuronide (SN-38G), due to which it exhibits antitumor activity, is converted back into its original form (SN-38), which has very high intestinal toxicity. Enzymatically extracted apple pectin very successfully inhibits this process, reducing the toxicity of irinotecan, but maintaining its antitumor activity against RTC cells. In addition, pectin itself reduced the viability of tumor cells, inducing their apoptosis and increasing the intracellular production of reactive oxygen species - the developing oxidative stress also reduced the viability of cancer cells. Thus, such pectin enhanced the cytotoxic and proapoptotic effects of irinotecan, exhibiting a synergistic effect with this drug. And finally, pectin exhibited a pronounced antiinflammatory effect, preventing the adhesion (sticking together) of the invasive strain of Escherichia coli bacteria E. coli with colon cancer cells, which protected them from chemotherapy [13]. Oncologists from Wageningen University, the Netherlands, discovered the ability of pectins to increase the effectiveness of chemotherapy for colon cancer with the antitumor antibiotic doxorubicin. This effect is due to the fact that pectins bind and inhibit certain receptors (toll-like receptors2, TLR2), resulting in specifically inhibiting the pro-inflammatory pathway. This effect is most pronounced

in pectins with a low degree of esterification. Such pectins interact with TLR2 due to electrostatic forces. Moreover, this effect does not depend on short-chain fatty acids produced by the intestinal microbiota [14-17]. Chemists from the National Institute of Natural Sciences, Indonesia, have developed a technology to increase the selectivity of the action of the cytostatic 5-fluorouracil (5-FU), which is widely used in the clinic for the treatment of colon cancer. Its disadvantage is its numerous side effects. The authors of the work created a transport form of 5-FU by combining it with pectin and chitosan (a polysaccharide of animal origin). This form has acquired the properties of more tightly adhering (contacting) with the mucous membrane of the large intestine at the site of its damage by tumor cells. The experiment showed that the resulting drug exhibited selective toxicity towards tumor cells [18]. Thus, the combination of modified pectin with various anticancer agents may represent an effective new strategy to overcome resistance in cancer patients [19,20]. The present studies were carried out to establish the effect of pectin modification on conventional chemotherapy.

Materials and methods

Native pectin from sugar beet pulp was previously dispersed in a high-energy ball mill (SPEXSamplePrep 8000, 1425 rpm, the material of the balls and cells is tungsten carbide) for 10 min. The study of the antitumor effect of beet pectin on experimental animals was implemented according to the existing recommendations. An ethical review of the study materials was carried out by the Bioethics Committee of the Kyrgyz State Medical Academy (02/24/21). The maintenance of experimental animals was carried out in standard vivarium conditions. Experiments were conducted on 250 Wistar rats of both sexes weighing 160 g - 200 g, quarantined for 14 days. The rats were kept on a regular diet with free access to water and food, under normal temperature and light conditions. Walker's transplanted tumor was transplanted under the skin of the thigh in a volume of 0.2 ml and a dilution of 1:1 area 199. Treatment was started 72 hours after the transplantation. Waterdiluted pectin was injected with a per os probe once a day at a dose of 60 mg/kg for 10 days. On the 7^{th} and 14^{th} days from the start of treatment, the barbell was measured by three perpendicular to the size of the tumor. The result (volume) was expressed in the product of these quantities divided by two. The life expectancy of experimental animals was also taken into account. As criteria of morphological apoptosis of tumor cells and their drug pathomorphosis were used to assess the therapeutic effect [21]. Statistical processing of the results was carried out by nonparametric methods [22].

Results and discussions

In the obtained pectin sample, the content of D-galacturonic acid was 83.0%, and the number of carboxyl and methoxyl groups was 14.8 and 4.6% respectively.

The degree of esterification calculated from these data is 23.7. Determination of the molecular weight of pectin by a viscometric method using Ostwald capillary viscometer carried out according to the equation Kuhn–Mark–Howink.

$[\eta] = kM^a,$

Where $[\eta]$ is the intrinsic viscosity, M is the molecular weight, K = 1,1⁻¹10⁻⁵, and *a* = 1,22 – are constant coefficients for pectin.

The use of this equation makes it possible to determine a fixed value of the molecular weight of pectin. $M_w = 15$ kDa. In this article is the average molecular weight calculated based on the results of several measurements. Of pectin, particle size was 80 nm - 100 nm. pH of pectin suspension has been controlled as 5.6-6.0.

IR spectra of pectin show a wide absorption band at 3420 cm⁻¹ – 3330 cm⁻¹. These peaks correspond to the oscillation of hydroxyl groups involved in the formation of hydrogen bonds. In the low-frequency region, peaks are observed at 1750 cm⁻¹ (v C=O) and asymmetric oscillations of ionized carboxyl groups vas (COO-) at 1630 cm⁻¹. The maximum peak of 1420 cm⁻¹ is related to the symmetrical oscillation of the group (COO). Weak absorption at 955 cm is caused by fluctuations in the OH group (Figure 1).

Fifty male Wistar rats, weighing 120 g - 160 g, were randomly divided into the control group (n = 8), and experimental group (n = 6). Suspension of vegetative cells of the Walker carcinosarcoma 256 strain in exponential growth (1 x 10⁶/mL) was injected subcutaneously into the inner femur surface of rats. The pectin in starch glue (Figure 2) was administered per *os* once per day in 400 mg/kg for 10 days from 72-h after transplantation to the necropsy day 21.

On the 7th day of the experiment, the tumor volume in the control was 3.89 ± 0.7 cm3, and in the experimental group - 1.02 ± 0.2 cm3. On the 14^{th} day, this indicator in the control group was 10.93 ± 2.8 cm3, in the experimental group - 4.14 ± 2.0 cm3 (Figure 3). The difference in volumes reached a statistically significant level: on the 7th day p < 0.01, and on







Figure 2: SEM images of the pectin suspension (CARL ZEISS MICROSCOPE EVO-40, Austria with Inca device).



the 14th - p < 0.05 (the Wilkoxson-Mann-Whitney criterion). From these data, it follows that inhibition of tumor growth on the 7th day was 73.7% and on the 14th day it was 62.1%.

Thus, pectin therapy of Walker's tumor in several series of experiments consistently caused inhibition of its growth from 60 to 75%. As a rule, large values of this indicator were typical for the initial stage experiment. Then, as the deadlines increased, this indicator decreased. Although the majority of animals treated with pectin died from disease progression, the tumor regressed to $27.8\% \pm 8.9\%$. This affected the average life expectancy, which was 19.3 ± 1.9 days in the control group, and 38.56 ± 5.3 days in the experimental group. Accordingly, the increase in life expectancy was 99.8% (*p* < 0.01, the Wilcoxon-Mann-Whitney criterion).

Simultaneously with the assessment of the effect of the study drug on the development of the primary tumor node, a study of its effect on the effectiveness of cytostatic chemotherapy was carried out. Cytostatics were administered in a regimen that caused moderate inhibition of the tumor process (30% - 60% inhibition of the growth of the primary tumor and metastases). A single intraperitoneal injection of cyclophosphamide at a dose of 25 mg/kg on the 5th day after transplantation was used as the main chemotherapy agent. Pectin was administered by a probe through the stomach, starting from the 2nd to the 13th day after tumor transplantation. In each series of experiments, the following groups were formed from the experimental animals: a control group, which received the appropriate solvent (water); a group that received only cytostatics and a group that received a cytostatic in combination with pectin. The experimental data are presented in Figure 4.

In the period from the 10th to the 12th day, the difference between tumor sizes in the groups of animals receiving pectin with cyclophosphamide and cyclophosphamide was minimal. On the 10th day, in the pectin + cyclophosphamide group, the tumor size was 0.53 ± 0.19 cm³, and in the cyclophosphamide group - 1.75 ± 0.56 cm³. On the 14th day, 0.59 ± 0.27 cm³ and 1.88 ± 0.73 cm³, respectively. However, this difference reached a statistically significant value of p < 0.05 (Wilcoxon-Mann-Whitney test). The kinetic curves clearly show the effect of each drug and their combined use on tumor growth. The growth rate graph in the control group has a classic S-shaped curve with periods of accelerated growth in the initial and final periods of observation. The graph of tumor growth kinetics in the cyclophosphamide group also has a classic appearance. From the 7th to the 12th day, the growth rate decreases, then it is compared with the control until the 21st day. Later, the growth rate becomes higher than in the control.

An assessment of drug pathomorphosis showed that its degree 2 was typical for the group of animals that received cyclophosphamide, and the 4th - for the group of animals that received pectin and cyclophosphamide. Detailed data and morphological studies carried out on the 20th day after transplantation revealed that the combination of cytostatic and pectin leads to pronounced apoptosis of tumor cells without the formation of foci of massive necrosis (Figure 5).

In the period from the 10th to the 12^{th} day, the difference between the size of the tumor in the groups of animals receiving pectin with cyclophosphane and cyclophosphane was minimal. On the 10^{th} day in the "pectin + cyclophosphane" group, the tumor size was $0.53 \pm 0.19 \text{ cm}^3$, and in the cyclophosphane group - $1.75 \pm 0.56 \text{ cm}^3$. On the 14^{th} day, respectively, $0.59 \pm 0.27 \text{ cm}^3$ and $1.88 \pm 0.73 \text{ cm}^3$. However, this difference reached a statistically significant value of p < 0.05 (Wilcoxon-Mann-Whitney criterion).







Life expectancy in the control group was 17.4 ± 1.99 days, and in the group "cyclophosphane" - 30 ± 0.97 days. Inhibition of tumor growth was 72.4% (p < 0.01). Since all the animals that received pectin in combination with cyclophosphane survived, and according to the screening rules, they were monitored for 90 days, this value was accepted as the average life expectancy of this group. Thus, the increase in life expectancy in the "pectin + cyclophosphane" group versus the "cyclophosphane" group was 200%.

The evaluation of drug pathomorphosis showed that its 2^{nd} degree was characteristic of a group of animals treated with cyclophosphane, and the 4^{th} – for a group of animals treated with pectin and cyclophosphane. Detailed data and morphological studies conducted on the 20^{th} day after the transplant revealed that the combination of cytostatin and pectin leads to pronounced apoptosis of tumor cells without the formation of foci of massive necrosis (Figure 5).

As can be seen in the photograph, almost all the nuclear material of cells in a state of apoptosis is highly fragmented (nuclear dust) and is preserved within the cytoplasm without disturbing the cytoplasmic membrane. Only a few tumor cells remained. In the entire mass of histological material examined, not a single mitosis could be detected. Subsequently, the tumor masses were replaced by surrounding tissues (connective, muscle, fat). During therapy with cyclophosphamide, on the 20th day after transplantation, viable tumor cells were found in large fields of necrotic masses, and the fields themselves were surrounded by a mass of intact tumor cells, some of which showed mitoses (Figure 6). Almost all visualized vessels contained complexes of tumor cells (Figure 7).

Significance

Monotherapy with pectin for Walker's transplantable tumor in several series of experiments consistently inhibited its growth. Despite the fact that the life expectancy of animals in the experimental group was significantly higher than in the control group, the experimental picture, like a mirror,



Figure 6: Tumor cells in the lumen of the vessel



Figure 7: Necrosis fields and preserved tumor cells.

reflected the real state of affairs in practical oncology. In some patients, antitumor therapy has the desired effect in the form of stabilization of the process or regression of the tumor, but in a significant number of patients, it causes only a partial, temporary effect. The combined use of pectin and cyclophosphamide caused an enhancement effect at a dose of cyclophosphamide 4-5 times less than the therapeutic one. The tumor that appeared in the "pectin + cyclophosphamide" group eventually regressed, and all animals were completely cured. Since all animals that received pectin in combination with cyclophosphamide survived, and according to the screening rules, observation of them lasted 90 days, this value was accepted as the average life expectancy of this group. The increase in life expectancy in the pectin + cyclophosphamide group versus the cyclophosphamide group was 200%.

Conclusion

Thus, our data indicate that the combination of pectin and cyclophosphamide is synergistic because the amplification effect is obvious. To summarize, we can conclude that nanosized pectin is a promising drug for in-depth study since it satisfies one of the primary screening criteria. The increase in life expectancy of animals with Walker's tumor that received it significantly exceeded the threshold level



of 50%. The combined use of cyclophosphamide and pectin satisfies all three primary selection criteria:

The combined use of cyclophosphane and pectin satisfies all three criteria of primary selection:

- 1. 90% inhibition of tumor growth in the patient persisted for at least 7 days after the end of treatment.
- 2. The increase in the life expectancy of animals was significantly more than 50%.
- 3. More than 50% of the animals had no signs of a tumor process within 90 days after the end of treatment.

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